



COHORT OPPORTUNITY

THE SCIENCE OF HOPE - 3 SESSION SERIES



Join MENTOR WA and MENTOR MN for a 3-session cohort in which we will explore the foundations of the Science of Hope, the impact it can have, and how to implement these practices to support Hope in your youth, families, communities, and staff.

September 15th, September 29th, October 13th
12:00-2:00 pm CST



LUNCH & LEARN

ONLINE MENTAL HEALTH SERVICES & SUPPORTS FOR BOTH RURAL & URBAN PROGRAMS

Blurb:

Supporting youth and their well-being while recognizing mental health challenges is at the center of many conversations among youth serving organizations across Minnesota as we embark on a new school year.

In acknowledgement of the many challenges embedded within these discussions, we want to shine a light on some mental health services & supports that you, program leaders, can utilize no matter your zip code.

September 27th | 12:00-1:00 pm CST

